

Youth Issues Minutes  
October 4, 2017

Present: Joren Defries and Diane Seleg, CNADA, Jarett Blain, Karlee Mulkey, Kristi Mobley, Cody Kinzer, Molly Lloyd, Tom Herzog, Julie Riley, Mary Rumph. Jennifer Winkley and Antonia Klein were available via webex.

Molly Lloyd said that Our Savior's Lutheran Church (OSL) is hosting their annual cookie/goody box-making for college students and youth serving in the military on Wednesday, October 11<sup>th</sup>.

Diane said that the annual Powderpuff Football game, Pink vs Purple, will be held on Saturday, October 14<sup>th</sup>, at 6:00 p.m. Sponsors pay \$100 per person to play.

Kristi said that 3 kids are in SADD. They plan a recruitment lunch on November 1<sup>st</sup> at noon. They hope to bring Jason Deshaw to Broadus to present a concert on Mental Health Awareness. Antonia has contact information.

Diane is working with Dori to recognize Teen Dating Awareness Month in February.

Molly said that OSL is sponsoring Holy Chatter on Friday from noon to 1:30 p.m. They feed preschool-age kids, and have fellowship with parents.

Jarett said he is sponsoring an "OverTime" or 5<sup>th</sup> quarter at Faith Bible Church on the 13<sup>th</sup>, to try to reach more youth.

Mary reported that Bug's Life has more than 40 youth and volunteers participating Tuesdays in October.

The Moonlight Walk fundraiser is tonight.

Julie reported that YAM has started at the High School in the Psychology class, and hope to implement it with the 9<sup>th</sup> grade class in November. She also reported that THRIVE is now available for people to access. It is a computer-based Cognitive Behavioral Therapy pilot project sponsored by Montana State University.

Tom Herzog asked if there is a resurgence of underage drinking.

Antonia Klein said that the Mental Health 1<sup>st</sup> Aid Training that was held in Miles City and was well received. Sixteen people were trained.

Jennifer Winkley said that they hope to host a Youth Mental Health 1<sup>st</sup> Aid in both Broadus and Miles City. Jennifer said that Youth Dynamics is sponsoring an online parenting program. Common Sense Parenting is a 6-week program with two hour sessions. The link is <http://www.youthdynamics.org/common-sense-parenting/>.

Kristi and Karalee reported on the ESAA meeting. There is a lack of consumers represented on the board.

It was asked how we should tackle the list of issues important to youth and families we brainstormed at last month's meeting. Cody said that our agencies are already working on so many of the issues listed, and that we should organize the issues according to what we are already doing, and then, identify areas where we need to concentrate our efforts.

**UNDERAGE DRINKING:**

SADD, 4-H, Bug's Life, Youth Groups, Red Ribbon Week

**SOCIAL MEDIA:**

Youth Groups, Anti-pornography education, effects of social media on kids for parents, Mental Health, are targeting kids on social media positively using Facebook, Snapchat and Instagram, Kendra has information available on line

**HEALTHY RELATIONSHIPS:**

CNADA working with Dori

**BULLYING:**

Elementary-aged social skills, kindness, Cody/Dani competition to create kindness, Snapchat the good Samaritan, Kindness Rocks, Glendive Rocks, Montana Rocks

**MENTAL HEALTH STIGMA:**

YAM, Jason Deshaw

**SCHOOL BREAKFAST:**

Teachers have snacks, OPI said research supports breakfast programs to help children learn and ease behavior problems

The next meeting will be held on Wednesday, November 1<sup>st</sup>, at 8:30 a.m., in the Extension Office backroom. Feel free to invite other people you think might benefit from or add to the meeting.