

Mental Health Local Advisory Counsel

Focus Groups

- Big Sky Buddies: A program which pairs a caring adult with a high functioning special needs adult for purposes of mentoring, decreasing isolation, companionship
- Mind & Body Connectivity High School Mental Health Curriculum: This group would help to plan a minimum of four one-hour classes focusing on mental health topics/gaining of coping skills in the health classes.
- Behavioral Health Guild: A gathering of professionals working directly or indirectly in the mental health realm. The purpose of the guild is to learn of each other's scope of practice, feed off of each other's ideas, learn from each other and determine possible gaps in service
- Community Mental Health Alliance: The purpose is to determine programming to promote education, weaken the stigma regarding mental illness in Carbon County...ideas include a stronger NAMI presence in the community as well as Mental Health First Aid training for employers.
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Grants for community education and funds for therapy... costs for mental health first aid and support group facilitator training

From Sage Anderson

-Programs, Pending Approval