

Richland County Mental Health Local Advisory Committee Agenda & Action Plan
Date 4-20-17 Time: 10:00am-11:30am

Members present

Meeting Agenda				Action Plan			
Item or topic to be discussed	Desired outcome	Who	How	Action to Do or <u>Decision</u>	Assigned to Who	Date Due	Action Complete and Date
<i>Introductions</i>	<i>Aware of who is at the meeting</i>	<i>Group</i>					
<i>Update from Eastern Service Area Authority:</i>	<i>Members aware of the results of the ESAA meeting</i>		<i>Report</i>	<i>Judy received ESAA funds for \$300.00. There is \$1260 in the LAC fund. There will be a Congress (Regional) meeting in May 23rd from 9AM – 4PM in Billings</i>	<i>Judy</i>		
<i>Community Awareness Committee Up-date</i>	<i>Up-date on SHINE group activities</i>	<i>Tara</i>	<i>Report</i>	<i>Reviewed the SHINE up-date attached</i>			
	<i>Up-date on a table-top exercise.</i>	<i>Marie, Judy, Cheryl, Ray,</i>	<i>Report</i>	<i>Everything is on track. We have St. Matthew's reserved for September 28th. The event will run approximately from 8AM – 5PM. Currently writing a grant and Marie agreed to be the contact person on behalf of the LAC and RCHD. Authorization was agreed upon and a Memo signed.</i>			
	<i>Authorization to Marie</i>	<i>Judy</i>	<i>Authorization signed</i>				
<i>Training and Resource Committee</i>	<i>Discussion on ACEs training through Elevate MT Trauma informed training</i>	<i>Cristin/ Nancy</i>	<i>Report</i>	<i>Best Beginnings trained 15 people each day and a total of about 25 people on trauma informed care. There were many different partners present: SHC, RCHD, Schools, Pre-schools, Hi-line Homes, etc. Richard Evans sent a report via Marie regarding a type of CISM training that may fit our needs better than CISM. It's called Traumatic Incident Grief</i>			

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	QPR Training	Nicole	Report	<p>Debriefing. He will keep the group up-dated on the status of this training.</p> <p>MHFA- No trainings currently planned.</p> <p>QPR- Josi is now trained so we have 3 trainers. First training was held in Scohey in April and 15 people were trained. This was a joint effort with RSVP. There was discussion about more QPR training: 4-H, School PIR days; the county safety trainings, etc.</p> <p>YAMH – Josi is trained in this and is looking at starting it maybe in Fairview Schools. It is geared to 7 – 9th grades.</p> <p>There are 5 sessions and it is youth – youth training with a lot of role playing. MT and TX are piloting this program in the US.</p>			
Crisis and Jail Diversion Issues	Grants and regional work up-date Glendive Meeting Up-date on Vouchers for treatment court	John and Marie John and Marie John and Marie	Report Report Report	<p>Grant is going fine and will apply for next year as it looks like they will still be available. Richland County is one of the few counties that is taking advantage of these funds.</p> <p>The Glendive meeting went well. Marie, Nicole and John attended. There were 75 people representing all 17 counties. They looked at models from other similar areas and identified parts of the model that would maybe work in our region. The highlights were: Use Tele-med or other technology, trainings, and using para-professionals. Final report should</p>			

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				<p>come out next month. They are up-grading the GMC unit currently.</p> <p>The voucher program has the potential to work but we need to find the best way to disburse the vouchers. John is working with the treatment court coordinators to get them to people who are required to seek treatment and don't have the funds.</p>			
<p>Other items:</p> <p>Communities In Action Steering Committee up-date and request</p>	<p>Charter Approved</p> <p>Strategic Plan up-date</p>	<p>Marie</p>		<p>The charter will be checked to make sure we have the most up-dated copy and will be approved at the next meeting.</p> <p>Rebekah was accepted into grad school and Josi just applied. Congratulations to both!</p> <p>EMCMHC hired Brenda Kneeland to take Jim's place as the program director. She comes with great experience and is a LCSW so she can provide services as well if needed and time allows.</p>	<p>Judy</p>		
<p>Member Up-dates</p>	<p>Manatt SUD report</p> <p>Resources to Share</p>	<p>Judy</p>		<p>No other up-dates.</p>			
<p>Next Meeting</p>	<p>Group decides on meeting date</p>	<p>Group</p>	<p>N/A</p>	<p>Next meeting is May 18, 2017 at 10AM in the Mental Health Conference Room.</p>	<p>All Members meeting</p>		



MEMO

Date: April 18, 2017

Re: Authority to be the contact for a department grant

This memo authorizes Marie Logan to be the contact for a grant that is being written by the Richland County Health Department (RCHD) on behalf of the Richland County Mental Health Local Advisory Council (MH-LAC).

Marie will have the authority to initiate a grant to the Montana Health Care Foundation (MHCF) that will open on May 1, 2017 and will be submitted on or before June 5, 2017. The grant Focus will be on "Partnership for Better Health" and will be used to support the tabletop project that will include: the event, the development of a county plan to address emotional health, and the development of a project tool kit that can be used by other counties.

Once the grant is received the RCHD will be the lead agency and will manage the grant funds with the MH-LAC as an advisory group for implementation of the grant.

Signed:

Judith LaPan

Name: Judith LaPan
Position: Administrator RCHD

4/18/17
Date

Marie Logan

Name: Marie Logan
Position: Sidney Office Director - EMC/MHC

4/18/17
Date

Michelle

Name:
Position: MH-LAC Representative

4-20-17
Date



Thank you so much for considering Shine the Light in your new resource manual. I have been working on a few new things and am excited to share as well as get the word out. I will be training to facilitate support groups for children and teens at the end of March in Fargo, ND. I hope to take the adult support group training as soon as possible as well. We are looking at starting support groups as soon as I am trained. I also intend to continue with the walk and barrel race, as our large fund raisers. The plan in the near future is to help bring more training to our area. By next school year I would like to get more involved with local schools. Implementing the support groups for survivors of suicide loss for school age children, and possibly have assemblies in our local schools to bring awareness. I would like to set up some fun activities to educate school age students in the effects of suicide and spread the word on local resources. (Who they should talk to, how to talk to friends or family and what they can do to help someone they know is struggling).

Please include the information you feel is pertinent. The notes I have included above are the things I am working on as of now. I'd love for people to contact me to find out how to volunteer, donate or come to meetings. I am also hoping to hear from people wanting us to speak or give presentations for example the leadership program. I definitely want the word out about the support groups and hope to get people struggling with the loss of a loved one to attend and share their stories. As a result of my involvement with Shine I have also been contacted with people struggling personally. I suppose that comes with the territory. I don't mind visiting with people at all but it has opened my eyes to a whole different focus group. I recently took the steps to help a person threatening suicide. I have realized that people are more likely to come to me in the beginning stages for advice or a referral. The steps have been practiced and I plan to continue my own education in this department as well.

Contact Information:

Shine the Light Suicide Prevention, Awareness and Recovery

Tara Johnson - President/Founder

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SHINE Suicide Awareness and Prevention - Facebook page

Susan Dahl - Vice President

(406) 742-5037 home

Morgan Taylor - Secretary

(406) 480-0425

I hope this is what you were thinking. Some of it was for your own knowledge and so you could decide, how and what to include. Also, I may naturally be a little long winded.

Tara Johnson