

**Richland County Mental Health Local Advisory Committee Agenda & Action Plan**

Date 2-16-17 Time: 10:00am-11:30am

Members present

Meeting Agenda				Action Plan			
Item or topic to be discussed	Desired outcome	Who	How	Action to Do or <u>Decision</u>	Assigned to Who	Date Due	Action Completed and Date
<i>Introductions</i>	<i>Aware of who is at the meeting</i>	<i>Group</i>					
<i>Update from Eastern Service Area Authority:</i>	<i>Members aware of the results of the ESAA meeting</i>		<i>Report</i>	<i>Judy continues to work on the ESAA funds request for \$300.00.</i>	<i>Judy</i>		
<i>Community Awareness Committee Up-date</i>	<i>Up-date on SHINE group activities</i>	<i>Tara</i>	<i>Report</i>	<i>Tara's up-date is attached.</i>			
	<i>Up-date on a table-top exercise.</i>	<i>Marie, Cheryl, Ray, and Judy</i>	<i>Report</i>	<i>We plan to call the event "Connecting Resources for Emotional Wellness" (CREW). We tentatively are planning the event for September 28, 2017. Our next planning meeting is April 14, 2017 at the Health Dept. at 10AM.</i>			
<i>Training and Resource Committee</i>	<i>Discussion on ACEs training through Elevate MT</i>	<i>Cristin/ Nancy</i>	<i>Report</i>	<i>ACEs training tentatively planned for April or June. You may email Cristin Henson at <a href="mailto:chenson@richland.org">chenson@richland.org</a>. Rebecca Thompson is also keeping up with the AECs training status. There will be one MHFA training for law enforcement. Melissa Kostelecky and Nicole Hackley are just waiting for approval to be able to provide QPR training.</i>			
	<i>MHFA training date?</i>	<i>Tanya</i>	<i>Report</i>				
	<i>QPR Training? RSVP would like to have some done in Daniels,</i>	<i>Nicole/ Nick</i>	<i>Report</i>				

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	Sheridan Counties.						
Crisis/Jail Diversion Issues	Grants and regional work up-date	John and Jim	Report	Marie provided information on the regional meeting March 30 <sup>th</sup> in Glendive. 29 <sup>th</sup>			
<b>Other Items:</b> <b>Communities In Action Steering Committee up-date and request</b>	Membership list up-date and CIA January Meeting: Charter Strategic Plan	Marie/ Nancy/Judy		Marie provided a list of acronyms. They will be included in the up-dated Charter. Changes to the Charter were reviewed and the up-dated one will be available at the next meeting. The group needed to provide up-dates to the "Quality of Life" strategic plan for the steering committee.	Judy	3/9/17	
<b>Member Up-dates</b>				There were no member up-dates. The up-dates from Nicole were included in the minutes. She will provide information about the Glendive Sober Living facility at our next meeting.  Tara's up-dates are attached.			
Next Meeting	Group decides on meeting date	Group	N/A	<b>The next meetings will be on the 3<sup>rd</sup> Thursdays at 10AM. Next meeting is March 16, 2017</b>	All Members Judy may not be at this meeting		

Thank you so much for considering Shine the Light in your new resource manual. I have been working on a few new things and am excited to share as well as get the word out. I will be training to facilitate support groups for children and teens at the end of March in Fargo, ND. I hope to take the adult support group training as soon as possible as well. We are looking at starting support groups as soon as I am trained. I also intend to continue with the walk and barrel race, as our large fund raisers. The plan in the near future is to help bring more training to our area. By next school year I would like to get more involved with local schools. Implementing the support groups for survivors of suicide loss for school age children, and possibly have assemblies in our local schools to bring awareness. I would like to set up some fun activities to educate school age students in the effects of suicide and spread the word on local resources. (Who they should talk to, how to talk to friends or family and what they can do to help someone they know is struggling).

Please include the information you feel is pertinent. The notes I have included above are the things I am working on as of now. I'd love for people to contact me to find out how to volunteer, donate or come to meetings. I am also hoping to hear from people wanting us to speak or give presentations for example the leadership program. I definitely want the word out about the support groups and hope to get people struggling with the loss of a loved one to attend and share their stories. As a result of my involvement with Shine I have also been contacted with people struggling personally. I suppose that comes with the territory. I don't mind visiting with people at all but it has opened my eyes to a whole different focus group. I recently took the steps to help a person threatening suicide. I have realized that people are more likely to come to me in the beginning stages for advice or a referral. The steps have been practiced and I plan to continue my own education in this department as well.

Contact Information:

Shine the Light Suicide Prevention, Awareness and Recovery

Tara Johnson - President/Founder

(406) 480-5073 cell

(406) 742-5224 work

taralynnj00@gmail.com

SHINE Suicide Awareness and Prevention - Facebook page

Susan Dahl - Vice President

(406) 742-5037 home

Morgan Taylor - Secretary

(406) 480-0425

I hope this is what you were thinking. Some of it was for your own knowledge and so you could decide, how and what to include. Also, I may naturally be a little long winded.

Tara Johnson