

February 16, 2016 MINUTES FOR THE VALLEY COUNTY MENTAL HEALTH LAC

12 PM FMDH South Wing Meeting Room

Present: Colleen Forrester (NCILS), Sheryl Burnham (Hinsdale School Counselor/CSPD Region 1 Coordinator), Bruce Peterson (Valley County Commissioner), Pam Lee (FMDH), Lynn Lipszyc (FMDH), Shelly Romo (community member), Pamela Dance (FMDH/Glasgow Clinic), Melanie Fisher (EMCMHC), and Antonia Klein (CPO Miles City via speaker phone).

Minutes from the November 17, 2016 meeting were reviewed. Bruce made a motion to accept the minutes; seconded by Melanie; carried.

Discussion of room 109. The group inquired as to how the meeting in November went as far as FMDH staff meeting with law enforcement, county attorney, and Mental Health re: the room 109 process. Lynn Lipszyc stated that the process seems to have gone more quickly since then and the number of days spent in that room seem to be less.

Pam Dance noted that perhaps there were upgrades that needed to be made to that room to bring it up to standards. Shelly will talk to DR Hardie. Pam Lee noted that any updates that might be needed for the room would need to go through the FMDH facilities director, Patrick Menge. Shelly noted this.

Sheryl announced that there will be a youth mental health 1st aid training in Wolf Point on February 29. If you wish further information on this, she is the contact person. At this time, school administrators are required to take some type of suicide prevention training every three years, but it is still only a recommendation that teaching staff does so.

Antonia talked about the possibility of the Glendive Medical Center getting their mental health beds back. These were closed in the not-too-distant past due to resignation of the psychiatrist. This remains the issue—getting the needed medical staff.

Antonia announced that there will be an ACE (Adverse Childhood Experiences) training in Miles City on March 25. Contact her if you wish to attend or want further information.

Pam Dance announced that Colleen was able to get a grant through ESAA to fund an addictions workshop! Pam is hoping this will be a yearly event. This will be on April 23 in the FMDH conference room and will be taught by Malcolm Horn out of Rimrock. There will be a \$20 registration fee and CEU's will be available. Contact Pam Dance at Pamela.Dance@fmdh.org for further information or to register.

Bruce said that Senator Deines will be in Glasgow tomorrow and asked what concerns he could relay; increased psychiatric staff in eastern MT, an "eastern" Warm Springs, and re-opening of the behavioral health beds in Glendive were mentioned. It was also asked that he bring up the subject of bullying and why the recently passed law on this does not seem to be enforced.

Bruce informed us of a health needs assessment group that has been formed by FMDH and the County Health Department to learn from the public what it is they feel are the greatest health needs in our community. They will go in pairs door to door to solicit information.

Melanie announced that she has seen some positive outcomes with the recent Medicaid expansion program. She has seen people get glasses and get their dental work done which in turn can lead to improved mental health. She also talked about the 1st Aid Mental Health Training for youth and adults and the Safe Talk program. If you would like to see these trainings held in our area or would like to become a trainer, contact Melanie at mfisher@emcmhc.org. She also brought up the Out of Darkness Walk which is meant to shed awareness on suicide prevention. Bruce suggested she contact Connie Boreson from the Public Health office, as she has done a couple of walks to promote general health.

Next ESAA board meeting will be February 23, 2016. The next LAC meeting will be on Tuesday May 10, 2016 at 12 Noon in the FMDH south wing meeting room of FMDH.

Submitted by Pam Lee, RN