

MEETING:	Eastern Service Area Authority	MEETING DATE:	November 28, 2017	MEETING TIME:	10:00 a.m.
LOCATION:	Eastern Montana Community Mental Health Center	PRESIDENT:	Barb Mettler		
Board:	President Barb Mettler, Vice President Brent Morris, Directors: Bobbi Limberhand, Janette Warner, Bobbie Becker, Bill Hodges, Brenda Kneeland, Bruce Peterson, Lois Leibrand, Judy LaPan				
Guests:	Antonia Klein, Andrew Boyer, MarCee Neary, Janice Reichelt, Amelia Shop				
TOPIC	DISCUSSION/CONCLUSIONS/RECOMMENDATIONS			ACTION	Timeline
Call to Order	President Barb Mettler called the meeting to order with roll call.			Meeting called to order.	10:00 a.m.
Tele-Site Check-In/Quorum	President Barb Mettler declared that there was quorum present.				
Approval of Minutes	Janette moved and Judy second to approve September 2017 minutes. Bobbie said that we needed to amend August 2017 minutes to show that Jo Shipman of Lewistown could not make motion to approve minutes in that she is not a director. Was agreed to include that in motion so motion was changed to include approval of 2017 August and September minutes. Motion passed.			Approved	
Treasurer's Report	Bruce reported that Valley County received first cash from Helena, \$10,000, and bill for liability insurance, \$1,066, was paid to United Insurance. Cash on hand \$8,834. Barb said that the grant approved to SCMRMHC in amount of \$2,000 could now be paid. Brent moved and Bobbie second to approve treasurer report and motion passed			.	
AMDD Report	Antonia, on behalf of AMDD reported that per communication from AMDD Administrator, Zoe Barnard that AMDD have won a Transformation Technology Initiative from the National Association of Mental Health Program Directors. AMDD will be implementing a train-the-trainer model for recovery oriented cognitive behavioral therapy at Montana State Hospital and in patients' communities. John Ebelt, DPHHS Communications sends out periodic public legislative updates and Antonia will forward those on to the Directors when she receives them.				

<p>LAC Reports</p>	<p><u>Big Timber</u>- Barb reported that locals have discovered that probationary persons can do meth while wearing alcohol bracelets and it seems that, while alcohol use may be decreasing in this group, meth use is going up. John Ronnenberg is undecided as to if he wants to continue as Director but that his wife may be willing to fill that position.</p> <p><u>Billings</u>- MarCee reported that ESAA money granted for a sign on a bus has been returned to the LAC in Billings.</p> <p><u>Broadus</u>- Not present and no report</p> <p><u>Columbus</u>- Barb did not attend and wondered if Antonia was on phone call or if received any LAC minutes. No minutes were received but she will check.</p> <p><u>Glasgow</u>- Bruce stated that a Stigma Survey was conducted at a recent FMD Hospital Wellness Day and there were 100 respondents, but results have not been compiled as of yet. There were several requests to receive a copy of survey and results and he said he would send out as soon as he received compiled data.</p> <p><u>Glendive</u>- Bobbie reported that they are working with Watch East and trying to get families involved in that effort. The LAC continues to work with the Dream House effort</p> <p><u>Hardin</u>- Bill reported that attendance has been rather up and down. A recent MHFA training had 9 in attendance and that Andrew and Sharon Humphries did a great job. The LAC is working to get YMHFA training in schools and a school counselor is regular attendee so the chances of that happening seem good. Andrew Boyer informed meeting that he will be moving to Oregon and that he will leave his Montana position at the end of December. He stated he would get a good list of MHFA trainers to the Hardin LAC. Bill suggested that ESAA not allow Andrew to leave the state.</p> <p><u>Lewistown</u>- Janette stated that the LAC is trying to rebuild awareness and</p>		
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that the meeting on the previous day seemed to give some hope that interest may be on the upswing.

Malta- Janice reported that a community group, of which the LAC is involved, had a successful suicide walk. The group is working on a resource list and protocol for emergency situations. She said that Triangle Telephone, HQ in Havre, presented information about the Rancher Steward Alliance of Maine. That Alliance is sponsoring suicides in Montana research at Montana State. This was in response to the high rate of suicide in some rural Montana communities. There is currently a search on for people experiencing depression to volunteer to be part of the research. The LAC is also researching the capabilities of the THRIVE program. Janice wondered if anyone knew when CIT Team trainings were held, where she could get information about the ASSIST program, and what was status of Montana Mental Health of America in that we have not heard from Dan Aune in some time. MarCee and Antonia addressed Janice's questions. Malta hosted an active shooter training to help prepare for a potential emergency situation.

Miles City- Antonia reported that they are in the planning stage of contacting Karl Rosston about a presentation in Miles City for Suicide Prevention, QPR, ACES, and Jim Hajny with the Recovery Peer Network.

Red Lodge- No report.

Roundup- They will meet December 4th.

Scobey- Lois informed directors that a YMHFA community training was held in September, a similar for local teachers in October, and that the LAC is working to do same for nurses in near future. They have a YMHFA trainer in Scobey and he recently went to Glasgow to give a training. They are developing a list of resources for consumers and working on other grants.

Sidney- Judy reported that there will be an ACES training in January and that QPR is presented every month. The Richland County table top exercise had an attendance of 40. The agreed upon main themes: (1)

Provider Reports

establish that support is always available, (2) need for availability of sufficient trainings, (3) use of peers and mentors will be important in achieving goals. Judy provided a brief summary of her attendance at a recent Substance Abuse Disorder meeting in Helena and the goals listed were: the need to increase a care network, need to continue to use and improve what is already in place, continued emphasis on proactive prevention, the need to continue to strive for coordination amongst interested groups, and the need to invest in increased access to provider care. Judy stated that we cannot forget that we have basic groups in place, such as our LACs and ESAA, and efforts should start with those types of existing groups. She was encouraged to draft a letter on behalf of ESAA to send to the committee as a reminder of that opinion. Barb stated that we must remind folks in Helena that alcohol is still the number one drug of abuse in state of Montana.

The Board welcomed Bobbi Limberhand of Lame Deer to the meeting. Bobbie shared her background and expressed her interest in being part of the ESAA effort.

South Central Montana Regional Mental Health Center: Barb, on behalf of **SWCRMHC**, related that she has no firm information from Helena as to any change in level of financial support. Billings had a meeting of legislators before the special session but the benefit of that meeting is still to be determined. SWCRMHC has downsized their case management employees to the bare minimum.

LIFTT: Brent Morris told of an excellent meeting he attended in Miles City where he got some insight on bullying from youth who were in attendance. He is Chair of the Board of Directors for Montana Peer Support Network and they are looking for a board member. That Board has been an influence on the Montana Department of Labor in the adoption of a certification process for recovery coaches, which promotes paid fulltime positions for those that qualify for that career position.

Billings Crisis Center: MarCee stated that business continues as usual and at present time there are 13 consumers waiting for bed space. Her staff has been in training to attain some updated treatment techniques. They

<p>MHOAC Report</p> <p>ESAA Funds Requests</p>	<p>have presented active shooter training and have had a good number of lockdown drills. The Clinic has had actual occasions to do preventive lockdowns and she feels that her staff have used the training received. She said she was in Las Vegas during that recent tragedy and that her training gave her a feeling of preparedness and control.</p> <p><u>Eastern Montana Community Mental Health Center:</u> Brenda said the silence continues on financial backing from state but they will continue to support the five EMCMHC case managers that are employed in her service area. She stated that the report from the Crisis Diversion Project recently published by Eastern Montana counties became the basis for a grant received from the Montana Health Foundation. The basic goal of that grant is to put a recovery coach in place to help with preventing and dealing with mental health situations in some location(s) in Eastern Montana. She is looking for advice from ESAA, LACs, and any of the stakeholders in the Crisis Project on where and how the grant funds should be used. Peer support will be a basic tenet of any action taken and will be accomplished by working with the Montana Peer Network. The yearly grant funds provided by HB 130 is on hold so her request for a peer support effort funded by that grant is on hold.</p> <p>Bill expressed concerns about the lack of MHOAC meetings and the resulting lack of information about funds being dedicated to mental health and substance abuse disorders. He hopes that there will be a MHOIAC meeting in December.</p> <p>Barb asked for an update on previously requested grants. LIFFT's request was tabled at a previous meeting because there was no representative present. Brent said that he would like to have LIFFT receive the requested \$5,000 which would be used for transportation, wellness, and anything that would help people as they transition back to normal activities. Barb said that ESAA can give this grant as per Letter L in the present contract. Brent reiterated that help with transition is the goal and if received he will insist that LIFFT not allow payment for motels be part of use of the funds, and that he would also urge the use of those funds across all of the counties that are part of ESAA. Barb said she would like to table this request until January and let Brent send out an updated specific listing of</p>		
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Organizational Business

how funds will be spent.

Bruce requested that he would like Board to tell him what LACs received \$300 last year and who would be in line to receive for FY 18. Not every LAC was in attendance but the response seemed to indicate that everyone received \$300 last year except Lewistown, Hardin, and Red Lodge and it sounded as if everyone will be requesting the funds for FY 18. Bruce will contact all LACs and get some sort of report of how funds were used last year and same for present year, as well as a mailing address for which to send funds.

Brent encouraged directors, since we now have some funds, to get serious about uses of the grant money available.

Barb presented a draft document which includes a mission and strategy paragraphs along with direct statements from the signed contract between ESAA and AMDD. She said that she would like to approve this document today, subject to changes anytime in future, so that she can send to AMDD and fulfill ESAA obligation. She asked for comment on the draft Mission and Strategy statement. Bobbie does not feel comfortable with the Mission statement and would like the goal to emphasize mental wellness as opposed to mental health problems. General discussion followed and was decided to have directors send in any suggestion to executive board and they would then discuss at their December meeting. The strategy section of the draft lists just 3 trainings that should/could be used to help with ESAA goals and question was asked as to if there were only three that would be acceptable. Was explained that while MHFA, TIC, and QPR all fulfill the mission statement, they were not exclusive and were listed as good trainings by which an LAC may act. A request was made that a list of available trainers be compiled. Barb asked if there were objections to the 3 listings in the Strategy Plan and, while it sounded as if they were acceptable, she encouraged directors to ponder and send in adds, deletes, or changes. She said she will send the document as a draft but we need to be prepared to approve a final come January meeting. Brent moved and Judy gave second and there was no opposition. Barb stated, again, that this is our guideline and we can change whenever and she again invited

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