

MEETING:	Eastern Service Area Authority	MEETING DATE:	September 26, 2017	MEETING TIME:	10:00 a.m.
LOCATION:	Eastern Montana Community Mental Health Center	PRESIDENT:	Barb Mettler		
Board:	President Barb Mettler; Billings with proxies from Directors Brent Morris, Billings; Lois Leibrand, Scobey; Jennifer Marshall, Malta; and Bill Hodges, Hardin. Present were Bruce Peterson, Glasgow;; Bobbie Becker, Glendive; Judy LaPan, Sidney; Janette Warner , Lewistown; Karalee Mulkey and Kristi Mobley, Broadus; and Brenda Kneeland, Miles City				
Guests:	Antonia Klein; AMDD, Janice Reichelt; Malta, Jo Shipman; Lewistown				

TOPIC	DISCUSSION/CONCLUSIONS/RECOMMENDATIONS	ACTION	Timeline
Call to Order	President Barb Mettler called meeting to order with roll call.	Meeting called to order.	10:00 a.m.
Tele-Site Check-In/Quorum	Barb declared that Quorum was met.		
Approval of Minutes	The minutes for the September meeting were discussed and amended. Bobbie noticed that Jo Shipman brought a motion to approve the June ESAA minutes but is unable to do so because she is no longer an ESAA Board member. Janette moved to approve the June minutes and the amended September minutes. Judy gave second to approve the June and September minutes.	Approved	
Treasurer's Report	Bruce gave the treasurer's report and since no funds have been received or spent in FY 18 the report was zero revenue and zero expense.		
Organizational Business	Under Organizational Business the first item was request from Janice Reichelt of Malta to have their group continue to be listed as an active LAC group. She said they have been meeting and doing things but what was accomplished has not been reported to anyone beyond their LAC. Janice has sent a letter to Barb to tell of what has been done in Malta during the last year. Barb asked if anyone is opposed to considering Malta as being active and Antonia said that everyone is busy but others seem to be able to get stuff reported. Judy said that Sidney is tardy at times getting minutes reported and Barb suggested that everyone should send minutes to Antonia, who then said that she already knows what happens in Sidney because she is a presence at the Sidney meetings. Was suggested that		

<p>AMDD Report</p>	<p>Malta be put on six-month probation and the LAC would be removed if minutes from meetings are not reported. Was mentioned there have not been minutes from Hardin since 2013 and was question as to if Hardin should be considered for probation. Antonia said it is important to have minutes and she will check into presence of minutes from Hardin. Antonia asked that Malta get her into their meetings via telephone. Was agreed that Malta would be on LAC probation.</p> <p>Barb said ESAA needs to have a strategic plan draft in place by October 31. Bruce asked if there is such a plan in existence right now. Antonia wondered where the plan is and Judy said that we have one but it is about 10 years old and surely needs to have an update. Janice suggested that the work done by folks on the Crisis Intervention and Jail Diversion Project would be a great starting, and perhaps, finishing point for producing a strategic plan. Barb said that the upcoming Executive Board meeting would be good place to put a draft together and then send it out for comments.</p> <p>There was a question as to where the paper records of ESAA are located, if they are not just in the cloud someplace. Janice said that she has some records and would get them to Bruce in near future.</p> <p>Barb asked if everyone had seen the new contract with AMDD and if there were any further comments. Was recalled that the contract was approved at last minutes meeting. No one offered comment.</p> <p>Antonia, on behalf of AMDD, said that she was forwarding a letter from DPHHS encouraging input on pending budget cuts to that department. Directors are encouraged to make comment as per requested in the letter. Antonia emphasized the need for input.</p> <p>Brenda said that info she has received as CEO of EMCMHC indicated that cuts seem to be imminent but no final decision has been made. She said that if cuts go through she does not feel that her grant request for using Recovery Coaches will not be able to be put in place. Antonia said that Governor Bullock should make decisions by first of November.</p>		
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LAC Reports

Barb said that the 30% cut in case managers seems to be a done deal. Judy wondered if we should invite Sheila Hogan of DPHHS to our next meeting to help explain pending cuts. Antonia said that all information has been submitted to the Governor. Judy then volunteered to ask Hogan to be at our next meeting which will be in November. Antonia again asked that Directors send info to Hogan and requested that they be specific and answer the questions that Hogan has asked. Antonia said that she has been busy doing her desk audits.

Big Timber- Barb stated that the next meeting will be September 5 and that they are experiencing offenders using meth instead of alcohol as the bracelets don't read meth.

Billings- No report.

Broadus- Kristy stated that YAM (Youth About Mental Health) is being presented in their schools by folks from Montana State. Was also discussion about Thrive and both of these programs are associated with extension service. They will continue with the Paper Tigers series and will also institute the Good Behavior Game. Jason DeShaw with SAD has been discussed as a future program to be offered in the community. Karalee said that they are working the ACES program and have offered Mental Health First Aid and are considering other programs.

Columbus- Barb reported that the local Mental Health Center Office is not getting the numbers needed and the service may have to be discontinued. She solicited ideas on how to encourage people from this area to take advantage of the services offered. Antonia wondered if MHFA had been presented. Barb said it had been done and then wondered if the lack of clients is due to the relatively short distance to Billings.

Hardin- Barb reported that the LAC met on the 18th and there was not a very good turnout. MHFA was offered last Saturday and there are plans to again start meeting on a regular basis. Indian Health Service has had a rep at the meetings and that is good sign as there are common problems to be discussed.

Red Lodge- No report.

Roundup- They will meet October 1st.

Lewistown- Jo stated that the last meeting had just 2 in attendance. The local mental health clinic has been getting some veterans. It seems that in this locale the drug abuse caseload is decreasing but the number of evaluations is going up.

Glasgow- Bruce reported that at the recent LAC meeting the ESAA contract was discussed as well as progress on the \$5,000 grant that Glasgow Police Department received from ESAA. Carl Rosston and Suicide Prevention program will be held on September 27 for school personnel and the community. Mental health committee of the local CARE group will be doing a survey at the upcoming hospital yearly wellness affair. Further radio spots will be produced in near future and other strategies are being discussed as to how to change the stigma attached to mental illness.

Malta- Janice reported that Malta will have a Suicide Walk to bring attention to that problem. An added note is that the recently opened tattoo shop has done some business applying the semicolon tattoos. This particular tattoo is a sign of hope of good mental health, encouragement of suicide prevention, and a conversation starter to discuss mental illness.

Miles City- Antonia said there were 16 people at a recent MHFA training and more classes are planned in the future. Youth Dynamics offered a class recently and had four persons show up. She also mentioned that YMHFA is designed for similar training but aimed at service providers for youth.

Glendive- Bobbie feels that YMHFA needs to be pushed by State Office of Public Instruction. The Behavior Risk Survey recently released by OPI shows a definite need. She feels that we need to get more counselors involved in our efforts and we need to get the Mental Health Bureau to our table. Families need help.

Provider Reports

Scobey- Bruce read a letter submitted by Lois Leibrand who was unable to attend due to a conflict with training in Havre. Lois said that they are holding a MHFA for the community in September for school personnel and there will be a Suicide Walk at end of month with 250 people already signed up.

Sidney- Judy said Fairview will be holding a community awareness Suicide Walk fund raiser in near future. October 26 will see a community meeting concerning emotional awareness with goal being to address issues before there is a crisis. MHFA trainings are scheduled, and QPR training has been held once a month and it seems that regularly scheduled meetings have been key to better attendance. Fairview has been site of successful YAM efforts by extension service. Judy will forward the minutes from the Montana Healthcare Foundation's July meeting addressing substance abuse. She will also forward an invitation to attend similar meeting in Helena on November 7. The new Sidney school superintendent has shown real interest in being involved in suicide prevention efforts.

South Central Montana Regional Mental Health Center: Barb said that finances are of serious concern to SCMMHC as cuts to state budget are discussed. Seems that case management funds will be seriously cut and the necessary follow up will probably not occur. State has already tightened rules, and funds, so this remains a very serious problem to address.

LIFTT: Bobbi said she was at a conference addressing Native American culture and the information gained could be of great value. The annual Governor's Conference on Aging was held in Glendive and a point was made that the USA will never be young again and the challenges associated with aging will always be present in our culture and any of the projected financial cuts will only make the challenge more difficult. There have been Dream House (drug abuse recovery) meetings and this vital service is in danger because of budget cuts. There is possibility of some grant opportunities coming out that zero in on drug abuse in our youth and such grants would be welcome news. Bobbie emailed a clarification that stated, "I want to clarify information on the Dreams House. The Dreams House is a sober living home for those who are committed to sobriety and who are trying to build a strong foundation in the 12 step

<p>CPO Report</p> <p>MHOAC Report</p> <p>ESAA Funds Requests</p>	<p>Recovery process. It's a home where people who have completed treatment can strengthen their tools of recovery in a safe and stable environment. We are looking to fund-raise and find resources to find a home to make this a reality. Hope this helps. If you need more information, please let me know."</p> <p><u>Eastern Montana Community Mental Health Center</u>: Brenda thinks that the requested Jail Diversion Grant that EMCMHC requested, as result of the Crisis Center and Jail Diversion Project, is in danger of not being funded. The chemical dependency counseling effort, in the recently opened five-county area of eastern Montana, is expanding as help has been added in Colstrip, Sidney, Glendive, and Poplar. Glasgow EMCMHC reports that tele med connection in Malta is nearing reality by using the funds from ESAA. Several people in the area were in a telephone conference with Jim Anderson of the Montana Crisis Intervention Team, an effort to create local teams of law enforcement and providers to address crisis intervention. Anderson has some funds available but needs signs of commitment from locales in the eastern part of state. On October 6 there will be meeting that will work toward having Department of Family Services to establish homes that will house recovering women and their children, with Miles City and Poplar being locales most ready for such homes. Andrea Cotton of Department of Corrections is looking at providing treatment services to jail inmates that have mental health issues. She hopes to have grant money available to address that problem.</p> <p>Antonia stated that since she gave report for AMDD earlier in the agenda she has nothing further to report and then wondered if we should remove this item from the agenda for future meetings.</p> <p>Barb spoke on behalf of Bill. He hopes that AMDD is listening to MHOAC input as AMDD considers the potential of handling block grants, if that particular state/federal idea comes to fruition. Antonia said that there is teleconference in early October to discuss this matter. If interested or have an opinion then Mindy Askelson of AMDD is person to contact.</p> <p>Fund requests left over from FY 17 were discussed as being requests to the</p>		
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<p>Public Comment, Other Business</p>	<p>FY 18 budget. Barb asked what the \$5,000 request from LIFTT was about and Bruce noted that there was no representative from LIFTT at meeting and as per process we really could not consider that request today. Barb said that the \$2,000 requested by her SCMMHC would be used for books and other necessary items and would be a help to the center continue during the severe tightening of budgets. Jo made motion with second from Brenda and was passed. Barb said she would submit a report when the funds were spent from the grant. Judy said that Richland LAC would withdraw their grant request that was made in FY 17.</p> <p>Antonia wonders what has happened to the application of Cindy McCaffree to be on the Board of Directors of ESAA. Barb said that Cindy works for her and would represent Roundup. There was motion and second.</p> <p>Bobbi then wondered if ESAA is following the recommended makeup of the Board as set forth in contract and MCA. Those documents indicate that a majority of Board should be primary or secondary consumers of mental health services. Barb said we are far from it and Bruce wondered what the accepted definition of consumer is. Jo said that it means that a person is receiving, or has received treatment and or has a family member that has done same.</p> <p>Bobbi questioned if the makeup of our Board of Directors really meets the criteria set forth and that it seems we have a lot of providers, but not consumers, on the Board. Barb withdrew her board of director nomination and Bobbi said we need to determine if our Board meets criteria.</p> <p>Kristi wondered how we recruit consumers and Bobbi suggested that word of mouth is probably most effective. Barb said that place to start is with the LAC's. Barb then asked that all Directors send an email to her to state if they are a primary consumer, secondary consumer, or neither. Was stated again that we are charged to be a consumer driven Board.</p> <p>Meeting was adjourned. Tuesday, 10-12, November 28, EMCMHC.</p>		
<p>Next Meeting</p>			

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