

Eastern Service Area Authority Board
Meeting June 25, 2013

Board Members Present: Carla Bichler, Jody Ferestad, Colleen Forrester, Mary Jean Golden, Bill Hodges, Esther Kramer, Frank Lane, Judy LaPan, Rev. Karalee Mulkey, Janice Reichelt, Phil Richmond, Diane Ronneberg, John Ronneberg, Carl Seilstad and Jo Shipman. Bill Hodges was the proxy for Bobbie Becker.

Others Present: Antonia Klein.

Tele-Site Check In occurred and quorum was established.

President Bill Hodges called the meeting to order at 10:04 a.m.

APPROVAL OF APRIL 2013 MINUTES: Carl made a motion to approve the minutes. Esther seconded the motion. Vote occurred. Motion carried.

OLD BUSINESS:

LAC REPORTS:

BIG TIMBER: John gave the report. Things are slowing down. Have picked up a couple new mental health clients.

BILLINGS: Phil gave the report. Started a newsletter. Sent new letter to email contacts and put in at Crisis Center and library. Newsletter will be monthly or quarterly. Been busy with Continuum of Care (HUD program for fighting homelessness). Made two display boards. Talked about Out of the Darkness fundraiser. Talked about LAC Toolkit. Sharron Hoy is big about getting products out (lens cleaner). Wants to put sticker (CAUTION Treatment for mental illness can cause recovery!) on a billboard in Billings.

John: Ambulance crew had a couple of suicide attempt runs.

Phil: Where do we put names of those who attend the LAC meeting?

Carla: Under [the report line](#) on LAC report can add people that were there.

Bill: Get a sense of what is going on in LAC. Are you getting an outcome? Looking at 2015 legislative cycle. Is what you are doing working well?

Ellen is no longer with AMDD.

GLASGOW: Colleen gave the report. Esther and Colleen reported on the Mental Health First Aid training that was held in Glasgow on June 7th and June 8th. 17 people came the first day and

12 the second day. Esther brought a newspaper article which told of the MT Suicide Quilt exhibit in Miles City which is on loan from the MT Chapter of the American Foundation for Suicide Prevention. This quilt exhibit is meant to raise awareness and prevent suicide by placing "a face on suicide." There are 33,500 suicides that occur each year in the US. Esther also reported on the Mental Health Oversight Advisory Council (MHOAC) meeting in Helen on May 23rd. Amy reported that there will be and ASIST training in Wolf Point June 25th and 26th and this has been approved for nursing CEU's. Pam reported that the Glasgow Clinic is involved in a pilot program out of University of Montana and a social worker and psychologist will be coming here in September. It may be similar to the program Amy is under. Next LAC meeting will be on October 15th.

BROADUS: Karalee gave the report. Have not met and will meet again in September.

HARDIN: Bill gave the report. Next LAC meeting is on July 1, 2013. First week in May had a community meeting on Teen Drug Awareness (125 people attended). Adolescents spoke to and continue to have a need for a therapist in the high school. How are we going to be proactive? Summertime is a hard time to get people together.

LEWISTOWN: Mary Jean gave the report. LAC met yesterday. There were five-six at the meeting. Does not have a mental health representative attend the LAC meetings. Working on getting letters out to agencies to come and speak. Who do we send our LAC minutes to for the website?

Bill: Send LAC minutes to Kristi Rydeen and or Marlene Disburg-Ross.

Mary Jean: Grant proposals for Lily money.

MALTA: Janice gave the report. Group is working on getting Mental Health First Aid training in August or September. Janice is going to teleconference on I-Homes. How are I-Homes going to look in the mental health community?

Carla: Going to I-Homes teleconference for information.

MILES CITY: Carla gave the report. Ongoing planning for Out of the Darkness Walk on September 7th. Mental Health Film Festival to occur each month. Had one in May. The next one is this Thursday at VA Auditorium and the movie will be "Story of Luke." Updating Mental Health Resource Directory. Had Mental Health First Aid training. Had nine participants both days. Lot of good discussion. Miles City LAC is wanting a logo. Worked with the high school art classes. Had 20 submissions. Carla to send out new LAC logo via email. LAC purchase iTunes card for the logo winner.

SCOBEY: Esther gave the report. Was happy with the turnout for Mental Health First Aid Training. Had a lot of walk ins. Cannot define a specific goal. Need to become more visible in the community. Do meet monthly on the first Saturday of the month. Plentywood may doing a Mental Health First Aid in September. Had a table of take homes and goodie bags at

Mental Health First Aid training. Mental Health First Aid is a good thing to promote. Did not have many registered the day after Memorial Day. Michelle talked to the professionals there at the Saturday session.

Antonia: In Wyoming teachers are required to take Mental Health First Aid training.

Carla: Last year during MEA did get ASIST training done. Wants to get Mental Health First Aid training during MEA.

Bill: A lot of good information (MHFA training). A good bang for our buck. Trying to get trainers statewide. If had six certified Mental Health First aid Trainers for the state would be good.

SIDNEY: Judy gave the report. Did not meet last month. Hopefully will have an action plan after LAC meeting this Thursday. Looking at crisis center, training and awareness of resources available.

AMDD related: Ellen's position of Community Program Officer (CPO) will be advertised. Bill has been in on interviews for CPO position.

MENTAL HEALTH PROVIDER REPORTS:

Colleen (NCILS): Have eight new consumers since February 26, 2013. Currently at 76 consumers. Did Living Well with a Disability workshop. Have a make-up session with two participants on 07/01/13. Participated at the Governor's Conference on Aging in Glasgow. Involved with the Mental Health First Aid Training in Glasgow. Participated in Staff Meeting Trainings Reducing The Risk of Abuse Against Individuals with Disabilities Parts 1 and 2. Attended and participated at two CMT/Service Provider Meetings on 03/05/13 and 06/04/13. Participated in Staff Meeting training yesterday: ABC's of Nursing Home Transition Part 1.

Carl and Jo: South Central Montana Regional Mental Health Center (SCMRMHC): Process of working on strategic plan Trying to make changes in line of credit. Continue to get more charity care cases. Mental Health Services Plan (MHSP) will run out in June.

Bill: Mental Health Services Plan: SCMRHMC is 72% state funded. Attempting to diversify the payer mix. Barb Mettler (CEO) to work on improving payer sources.

Jo: Going to start taking some children's services.

Carla: MHSP is it going away?

Carl: MHSP funds have been exhausted.

Bill: It is tough to gauge utilization flow. There are 11 counties in SCMRMHC area.

CPO REPORT:

Antonia: Working on Out of the Darkness walk. Done with Mental Health First Aid training. Having to travel back and forth to Billings for Medicaid Waiver (today and in July).

WEBSITE/LOGO UPDATE:

Carla: Working with ADL Consulting and Design (Ang). After the ESAA Congress contacted Ang. Started initial start up and initial stuff for the website. There is no ESAA logo. Ang to come up with a logo for ESAA. Carla can send logo out to others. Web start up is: \$200.00, Domain: \$108.12, Invoice total: \$308.12.

Janice: Keep moving along on the website. When the meeting minutes go to our website, Kristi and Marlene can get the information from them.

Bill: Representative Pease is on MHOAC. Good suggestions. A logo is important. A functional website is more important.

Carla, Judy, Karalee and Antonia have been on the website committee.

Bill: Wants the website fully up by the August meeting.

Carla: Email Carla pictures that represent Eastern Montana for the website. Will follow through with bylaws.

Bill: Would like web shot of board members and biography sent to website down the road.

TREASURER'S REPORT: Given by Bill. As of yesterday there is \$1,789.88 left in the budget. Need to pay out travel costs today from Miles City. Wants everything into Shonna by Thursday. Could prepay some of Ang's time. Leave no money. We can get website somewhat prepaid. The Finance committee will need to meet in the next month or so.

Judy: Recommends to prepay website person. The website has been an issue for some time. Whatever is left to go to Bill.

Carla: Flat fee for the website per month is \$100.00

Janice: \$2,600 for train the trainer Mental Health First Aid.

Bill: Wants to see a partial subsidy from South Central Montana Regional Mental Health Center.

Carla: Have to look out six months in advance.

Judy made a motion to prepay (\$300.00) to website person after today's expenses and any left-

over Congress expenses and what is left to go to Bill for his mileage. John seconded the motion. Discussion occurred.

Bill: To prepay \$300.00. Both CSAA and WSAA have used Ang as a vendor.

Jody: Put some funding into website once come into balance. Spoke to Bobbie a couple of hours ago. Does not know if all the bills have been paid.

Bill: Spoke to Shonna. Just received bills for lunch and breakfast. The \$1,789.88 does take into that meals from Congress were paid for.

Janice: The LAC's are requesting \$300.00 throughout the year.

Bill: Get bills to Shonna tomorrow.

Voted on motion made by Judy. There was one abstention. Motion carried.

FUNDING APPLICATIONS FY 2013: One of the applications is from SCMRMHC for \$2,600 for Mental Health First Aid Train the Trainer. Tabled until July.

Jody: Wants to know more about Lisa:

Colleen will forward by email the application from SCMRMHC to the board.

Billings LAC application: Wants \$500.00 for microfiber cloths. Phil wants to table the application. Sharron did not come before the LAC board with the application.

Bill: Details is better.

ESAA OFFICER ELECTION: Current officers are President: Bill Hodges, Vice President: Janice Reichelt, Treasurer: Bobbie Becker, and Secretary: Colleen Forrester.

Colleen will stay on as Secretary.

Carla: Do we need to clarify who is staying on the board? The following board members: Bobbie Becker, Colleen Forrester, Bill Hodges, Frank Lane, Diane Ronneberg and Carl Seilstad terms ended May 30, 2013.

Diane is willing to serve again.

Carl is willing to serve again.

Bill is willing to serve again.

Colleen is willing to serve again.

Bobbie is willing to serve again.

The selection committee is not offering Frank another term. Bill spoke to Frank this morning and let him know the committee's recommendation.

Bill: Wants to present to Frank a plaque for his service and time on this board. It has been difficult for Frank to come to meetings this year.

Jo: Have you talked to Barb Mettler about applying to the board?

Bill: MarCee Neary would be a good person. The proxy is a slick way to get out of a meeting.

Carla: The commitment statement is important. Person needs to commit to serve on a committee.

Jo: Lewistown represents the following counties: Fergus, Judith Basin, Petroleum and Wheatland.

John made a motion to retain present executive board for another year. Esther seconded the motion. Vote occurred. There was one abstention. Motion carried.

MONTANA MENTAL HEALTH TRUST FUND: Received multiple emails. To send the emails on this item again.

Bill: Wants selection committee to look at board application from Roosevelt county.

Carla: Have three positions that are vacant and open.

Colleen: Sent out application etc. to couple that attended the Mental Health First Aid training in Glasgow and to one other who are all Native Americans.

Bill: There is guidance for membership to the board.

MISCELLANEOUS:

Carl: Not for advocating for changing meetings.

Since there are enough board members who cannot do a meeting on July 23rd, the next meeting will be on July 30th.

Janice: Wants someone to research who is on the interim legislative and task force committees.

Bill: Things are being set in motion for 2015 legislature.

Bill adjourned the meeting at 12:02 p.m.

Respectfully submitted,

Colleen Forrester

ESAA Secretary