# Eastern Service Area Authority Board Meeting October 22, 2013

Board Members Present: Bobbie Becker, Carla Bichler, Jody Ferestad, Colleen Forrester, Adam Gartner, Mary Jean Golden, Bill Hodges, Judy Lapan, Esther Kramer, Phil Richmond, Diane Ronneberg, John Ronneberg, Carl Seilstad and Jo Shipman. Bill Hodges was the proxy for Janice Reichelt.

Others Present: Andrew Boyer, Antonia Klein, Kristi Rydeen and Mar Cee Neary.

President Bill Hodges called the meeting to order at 10:10 a.m.

Tele-Site Check In and Introduction of Andrew Boyer CPO for Region III.

APPROVAL OF AUGUST 2013 MINUTES: Wait until have a quorum.

**OLD BUSINESS:** 

### LAC REPORTS:

BILLINGS: MarCee gave the report. Have quite a few new members. Talked about continuing with anti-stigma campaign. Welcomed new members and identified ne w goals. Andrew new CPO was there.

Telemed sites need to confirm with Sue.

APPROVAL OF AUGUST 2013 MINUTES: Carla made motion to approve August 2013 minutes. Esther seconded the motion. Vote occurred. There was one abstention. Motion passed.

BIG TIMBER: John gave the report. Had LAC meeting in September. Counselor reported that client numbers are picking up. Counselor contacted high school and senior center. Barb talked about funding.

John gave the ESAA report and Ambulance crew report. Went to MHA meeting in Columbus last month. Trying to get a group started. Had a presentation by Kristy who does equine therapy. Interesting meeting. Does a public meeting twice a year.

Carla: Is the equine therapy from Miles City?

John: She is in Stillwater county.

COLUMBUS: Andrew gave the report. Numbers for therapist is maintaining. Given a list of people to recruit for LAC. The pharmacist at IGA is explaining clients medications to clients. Wants to get Mental Health First Aid program going.

BROADUS: Antonia gave the report. Wants Love and Logic class done in Broadus.

GLASGOW: Colleen gave the report. Barbara Kuester gave a very good report on the Wraparound program. Antonia gave the CPO report. Talked about the next ESAA Congress which will be in Billings on May 13, 2014. To contact Libby Carter about coming to an upcoming LAC meeting.

GLENDIVE: Adam and Bobbie gave the report. Pete Bruno has a group which is not an established LAC. Waiting for Rural Institute to send materials for Living Well with a Disability class. Bobbie to visit Karen Schneider to find out if visiting Pete's meeting and if it is a LAC.

HARDIN: Bill gave the report. Planning a November meeting (November 14<sup>th</sup>). The therapist has 21 adolescents in high school attending the grief group. ESAA funded grief group material which therapist is grateful for.

LEWISTOWN: Mary Jean gave the report. Next meeting in on Monday. Try to get people notified.

MALTA: Antonia gave the report. Trying to resurrect the radio show. Interim newsletter is out: October edition. HJ16 to study the institution. Suicide prevention bill: We need someone on the ground running.

MILES CITY: Carla gave the report. Collaborating with Global Health Equity Foundation. Looking for place for a mural. Ongoing transportation problems with transporting clients with medical health needs. To roll out Psychiatric Crisis brochure. To have a roundtable to present needs. Opportunity for people to attend survivor's support group for those who have attempted suicide. Jean is doing updates on Mental Health Resource Directory. Did get Home Deport grant to do roof repairs on a veteran's home.

RED LODGE: Andrew gave the report. Veteran referrals to mental health center are increasing. Of the 13 clients four of them are veterans. Trying to get NAMI support group going. Trying to reach out to community. Had community fair. Clinics are doing well.

Bill: Over \$200,000 that has not been submitted to SCMRMHC.

Jo: It is a little higher than Bill quoted.

Bobbie: Will VA eventually pay?

Bill: We want to treat veterans.

ROUNDUP: Andrew gave the report. Starting a Facebook page to list resources in community and region.

SCOBEY: Esther gave the report. Met as usual in September. Handed outwritten material from MHA annual meeting in September. Attended McGuire Conference. Gave report from the conference. At MHOAC received LAC toolkits. MHOAC had a very interesting meeting. Lot of self evaluation. Next meeting is in January 2014.

SIDNEY: Judy gave the report. Where are you suppose to send LAC minutes?

Kristi: Wants LAC notes/minutes.

Judy: Issues came out of community conference. Working on issues. Sidney Health Center is looking to find a trainer to do train the trainer for Mental Health First Aid. Need to build a sustainable proposal around Mental Health First Aid. Resources are available in area such as AA and Alanon meetings. Likes idea about Facebook page. Have Barbara Kuester coming to next LAC meeting on Thursday. Increase in population. Increase in drug use especially meth. Law enforcement is getting called to deal with drug issues. To have MarCee Neary on next call on Thursday. Need a Crisis Center in Sidney. Does not have services to meet increased needs. Hospital is looking at hotlink now.

Carla: Did Kristy from District III Drug and Alcohol get a hold of you. Wants to get Plentywood LAC up and running.

Judy: Put a call into Kristy.

Carla: May want to look at Let's Talk Miles City website.

Judy: Job Service did a great job of putting and electronic directory together.

John: Consider a joint thing with North Dakota to create a Crisis Center.

Bill: Displeased with delay of ESAA contract. Read correspondence to Deb Matteucci. Sent contract back to AMDD. As of today still have no funding from AMDD. Still waiting on first installment of \$15,000.00.

AMDD REPORT: Kristi gave the report. Apologized for contracts being delayed. Try to reestablish some trust. Report from Summit: Thanked us for website. Look at Network Of Care. Can tap into interim session. Can look up bills and suggest bills. Had a great SAA

Summit. Marlene presented on MHOAC. Peer Coaching Awards: Winds of Change CDC-\$356,000 and MHA-\$220,00. LAC Toolkit: Send changes to Kristi. Has an issue with the diagram. Certified training for community liaisons as well as CPO's. Drop in center grant is being written for \$395,000. Supported employment grant being written by Marlene Disburg-Ross for \$500,000. Mental Health First Aid Training: Karl Rosston was sent to Denver, Colorado. Karl wants to provide Mental Health First Aid Training. The interim newsletter is out. History of SAA's was given. Went over the LACToolkit. Toolkit has been approved. Kristi wants feedback on LAC Toolkit.

Carla: Email Kristi ESAA Bylaws.

Phil: Wants SAA history.

Kristi: it is 100 pages long. From 2001-

### **MISCELLANEOUS:**

Bill: Have no money in our clutches right now. So far \$1587 in meals and travel, board insurance \$1229, Janice's travel to SAA Summit. Also approved funding applications for Hardin \$650 and Mental Health First Aid \$1750. So far spent about \$6,000. Other applications that have been submitted: McGuire Conference \$3,000, Columbus for PTSD \$650 and Global Health Equity Foundation \$2,500. Sent contracts to LIFTT on October 3<sup>rd</sup> and Joe Burst signed them on October 8<sup>th</sup>. Billings application is still active for microfiber cloths.

Bobbie: Wants us to review applications. What is Glenda's take?

Kristi: Contract is on Deb's desk. To harass Sue Haran to get it out today. Glenda was very upset about it.

Bobbie: Tentatively approve applications in order they came in.

Judy: Where are we standing with funds?

Bill: Hardin is still waiting for PTSD equipment. Worried about vendor in Havre.

Jody: When money comes in we are paying out what committed to.

Bill: Hold off until get the money.

Jody moved that we pay those we committed to and not review any further applications at this time. John seconded the motion. Discussion occurred.

Bobbie: Need conference call with Deb and Glenda.

Bill: Upon Kristi's return have Deb or Glenda give an answer on arrival of funds.

Judy: Kind of clear out what we have on the books.

Bill: \$5,700 to \$6,000 has been committed.

Phil: We don't approve any applications until get money.

Voted on above motion. Motion passed.

# MENTAL HEALTH PROVIDER REPORTS:

MarCee (Crisis Center): It has been a busy month. Suicide Coalition held conference. Struggle with high client acuity. Awarded crisis services grant. Got Lily grant to address staff issues. Crisis Center will stay afloat for a while. Officers went to CIT training. Had legislator go to bat for funding issues. Are over capacity and the building is too small.

Jody: Through Eli Lily grant fund to help with emergent monies for medication co-pays. Seen two-three people access these funds.

Colleen (NCILS): Poplar office closed on 09/30/13. Inherited people including nine I&R's. Current caseload is 93-95. Not doing much with

WIPA.

Bobbie (LIFTT): Executive Director and staff went to IL Symposium. Did grant with Arthritis Foundation. Had a wonderful vacation.

### **CPO REPORTS:**

Antonia: Working with consulting LAC on strategic planning. Wrapped up waiver.

Andrew: Went to almost all the LAC's. Working on waiver review. Shadowing other CPO's.

Bill: Will send an email when we have the money.

## WEBSITE/ UPDATE:

Carla gave the report. The You Tube video of Let's Talk Miles City play production is on our website. Don't have all the board biographies. Don't have board pictures. Have some LAC minutes.

Bill: Can we get the board listed at minimum?

Carla: Board members are listed and new terms are listed.

Bill: Carla is website point of contact. Look at LAC toolkit.

MISCELLANEOUS: None.

ESAA CONFERENCE/CONGRESS: Jody has called around and cannot reserve Mansfield Center until after January 2014. Contacted motels for blocks of rooms. To send email to board members regarding ESAA Conference/Congress.

Bill: Can get date and establishment determined.

Jody: Send official invites to those who are going to attend.

Phil: We can talk to drug representatives.

PUBLIC COMMENT: None.

Next meeting is on November 26, 2013.

Bill adjourned the meeting at 11:53 a.m.

Respectfully submitted,

Colleen Forrester

**ESAA Secretary**