

Eastern Service Area Authority Board  
Meeting  
February 23, 2016

Board Members Present: Colleen Forrester, Bill Hodges, Judy La Pan, Lois Leibrand, Brent Morris, Janice Reichelt, Phil Richmond, Diane Ronneberg, Bobbie Walstad, and Tom Wojtowick. Bobbie Walstad was the proxy for Carla Bichler. Janice Reichelt was the proxy for Barb Mettler.

Others Present: Kristi Mobley, Antonia Klein, Jan Pratt, Andrew Boyer, Janette Warner, Claire Oakley and Steve Woodard.

Tele-Site Check In occurred and have a quorum.

President Janice Reichelt called the meeting to order at 10:02 a.m.

Roll Call : What mental health change helped the most to improve people who live with mental illness' lives? or What's working? Ideas that were brought up included: more educated public, better housing, smoother transitions, better discharge planning, improved medications, increased acceptance, Medicaid Expansion, access to medical care, acceptance, less stigma, people willing to get help, understanding of mental health and housing and different parts of the puzzle are coming together.

APPROVAL OF JANUARY 26, 2016 MINUTES: Bobbie made motion to approve the minutes. Bill seconded the motion. Vote occurred. Motion passed.

OLD BUSINESS:

Logo: Brent contacted Brenda Dye about this. Will email us on it.

ESAA Congress: Bobbie reported have a tentative agenda. Congres is set for May 17th at Billings Hotel and Convention Center. Joey Traywick will be doing the Welcome. Jill Wilson will be the Opening Keynote Speaker. and will be providing QPR training. The Glendive Domestic Violence will be presenting Silent Victim Matters. Jim Haney of MT Peer Network will be presenting. AMDD will have a panel. Matt Kuntz of NAMI will be coming. There will be a Montana Health Foundation Trust update. Dennis Nyland-Ombudsman will be coming. Will also have Gaylan Facility update. Conference Rooms have been paid for. Plans on going with healthy versions for meals.

Phil: Suggests speaker for coordination between health and mental health. Tom Angel who has a wholistic approach may be available.

Bobbie: Suggests Phil gets more information to Bobbie by Monday. Can spare 30 minutes for one presentation.

Janice: Thanked Bobbie for the work she has done.

Bobbie: After lunch will be AMDD panel and update. Have 1.5 hours for breakout session, legislative priorities and next steps. Need to look at legislative priorities prior to Congress.

Janice: Wants bylaws to be adapted regarding terms.

Bobbie: Wants a year off. New blood is a good thing.

Janice: Not a plan discuss bylaws at Congress. Plans on having an initiative at Congress.

AMDD REPORT: No report since Julie and Carrie are not present.

#### LAC REPORTS:

BILLINGS: Phil gave the report. Got new business cards and bumper stickers. Look at mental health fest for May Day. Got correction information regarding mental health fair which will be in the middle of May. Plans on doing another Pizza Ranch fundraiser again on the fourth Thursday in May. Went to NAMI meeting. Lost their director Clementine due to complications. Down to six board member (NAMI-Billings).

BIG TIMBER: Diane reported that she is trying to find someone to take over on the board.

GLASGOW: Colleen gave the report. Discussion of room 109. The group inquired as to how the meeting in November went as far as FMDH staff meeting with law enforcement, county attorney, and Mental Health re: the room 109 process. Lynn Lipszyc stated that the process seems to have gone more quickly since then and the number of days spent in that room seem to be less.

Pam Dance noted that perhaps there were upgrades that needed to be made to that room to bring it up to standards. Shelly will talk to DR Hardie. Pam Lee noted that any updates that might be needed for the room would need to go through the FMDH facilities director, Patrick Menge. Shelly noted this.

Sheryl announced that there will be a youth mental health 1<sup>st</sup> aid training in Wolf Point on February 29. If you wish further information on this, she is the contact person. At this time, school administrators are required to take some type of suicide prevention training every three years, but it is still only a recommendation that teaching staff does so.

Bruce said that Senator Daines will be in Glasgow tomorrow and asked what concerns he could relay; increased psychiatric staff in eastern MT, an "eastern" Warm Springs, and re-opening of the behavioral health beds in Glendive were mentioned. It was also asked that he bring up the subject of bullying and why the recently passed law on this does not seem to be enforced.

Bruce informed us of a health needs assessment group that has been formed by FMDH and the County Health Department to learn from the public what it is they feel are the greatest health needs in our community. They will go in pairs door to door to solicit information.

Melanie announced that she has seen some positive outcomes with the recent Medicaid expansion program. She has seen people get glasses and get their dental work done which in turn can lead to improved mental health. She also talked about the 1<sup>st</sup> Aid Mental Health Training for youth and adults and the Safe Talk program. If you would like to see these trainings held in our area or would like to become a trainer, contact Melanie at [mfisher@emcmhc.org](mailto:mfisher@emcmhc.org). She also brought up the Out of Darkness Walk which is meant to shed awareness on suicide prevention. Bruce suggested she contact Connie Boreson from the Public Health office, as she has done a couple of walks to promote general health. The next LAC meeting will be on Tuesday May 10, 2016 at 12 Noon.

GLENDIVE: Bobbie gave the report. LAC meeting was last Wednesday. Talked about plans and activities for May. There were more consumers than providers at the meeting. Presenting tomorrow at Mental Health Center in Glendive and doing Independent Living Skills Training and Living Well with a Disability workshop. To provide wholistic opportunities to those getting day treatment. Four partners come together to work together with the clients.

HARDIN: Bill gave the report. LAC meeting will be on February 25th. The school district had a meeting on Monday where 22-24 providers and school personnel attended. No one is talking to each other. A registry will be put together of services. Have a lot of issues going on.

Janice: Who put forth school district meeting?

Bill: Local school district. Got a week advance notice.

Diane: What do you mean ACES?

Bill: Adverse Childhood Experiences.

LEWISTOWN: Janette and Tom gave the report. Had a meeting last month. Want to do an Appreciation Day, membership drive and community meet and greets. Community council have been working on CIT training. There is resistance between entities. Lot of resistance to working together. Next LAC meeting is next week. Working with Sheriff Glen Meier out of Glasgow.

MALTA: Janice reported weeks have flown by with grief support group.

MILES CITY: Antonia reported was at the last LAC meeting.

ROUNDUP: Andrew and Phil gave the report. Moving ahead with MHFA class on March 2nd. Have 18 individuals signed up for the class. Phil is working on getting forms together for Roundup to apply for \$300.

SIDNEY: Judy reported missed last LAC meeting. Alcohol and Mental Health Conference is coming up. Has more information that will be sent out. Open to all of Eastern Montana. Go to [richland.org](http://richland.org) for information on the conference. Have a nurse in the jail who has been attending the LAC.

Janice: How much is the cost?

Judy: It is all free. The dispatch training has a cost. Department of Transportation grant is paying for food and other expenses. Plenty of openings currently.

SCOBAY: Antonia gave the report. Had three suicides in the past few weeks. Lois is working on getting suicide prevention up there. Working on bringing awareness to the area.

Bobbie: Were any of them youth?

Antonia: Thinks two of them were youth.

#### MENTAL HEALTH PROVIDER REPORTS:

Colleen (NCILS): Currently have 92 consumers. Been very busy.

TREASURER'S REPORT: Given by Bobbie. It was emailed out yesterday. Current budget balance is \$22,664.47. For current quarter expenditures were \$4,413.49. Education and Awareness line item is currently at \$11,492.63. Money has to be spent by June 30th. ESAA Congress to run about \$2,000-\$3,000.

#### FUNDING PROJECTS FY 2016:

Jan presented the Custer County Council on Aging application. Asking financial help to start the "Good Company" Calling program. This application was email to board members. Asking for a little over \$4,000 (amount may be negotiated). Trained volunteers will visit with their assigned seniors on a regular basis via telephone, providing a friendly voice and conversation as well as a reassurance check. The caller needs to show professionalism and restraint. Part of the request is to cover purchasing cell phones and monthly fees.

Phil: Did not see any provisions for feedback or if have any affect.

Jan: Would be happy to report back to ESAA or Miles City LAC.

Judy: Great application.

Jan: Requesting \$4,140. It will take a while to get it going.

Bobbie: We have four months left in the fiscal year. Suggests a pilot project. What type of money need to get ball rolling and spent by 06/30/16?

Jan: Expenditures of purchasing phones is not a huge expense. Do not have 10 callers yet. To resubmit application.

Claire presented Riverstone Health application with whole goal is PAX training again. Last year got \$6,000 that was added to other funds and got a PAX trainer brought in. Trained 37 counselors in using PAX Good Behavior Game. Wants to train more teachers on Good Behavior

Game. On March 30th will go to get Yellowstone County teachers trained. To take funding from ESAA match with funding from Karl Rosston and put it together to get training. Wants to work to get more teachers trained in Yellowstone County. This program teaches the kids to self manage.

Phil: What is the cost of purchasing the teaching kits? How can we help you move forward?

Claire: If have funding from ESAA to then contact Karl Rosston in regards to his part. Trying to piece together different services.

Janice: Admires Claire's spunk.

Judy: This is the second year for the request. Is there any plan for sustainability outside of ESAA?

Claire: Evaluations on site at teacher's conference were very positive. We will have pre and post data by the end of June. To be able to have pilot data for first year to be able to present to state administrators to get them on board. Need to get teachers out and about using PAX.

Judy: How about OPI?

Claire: OPI is a believer and does not have money to fund it. Prevention is key to what they do on a daily basis. Have a high rate of ACE's in Yellowstone County.

Antonia presented the Miles City LAC application for ACES training. It will be on March 25th

Tom made a motion to have Claire's application be accepted. Bill seconded the motion. Vote occurred. There was one opposed. Motion passed.

Judy wants a presentation on the results.

Tom made a motion to approve the Miles City LAC application. Bill seconded the motion. Vote occurred. Motion passed.

#### CPO REPORT:

Antonia: Reported that have a of youth in out of state facilities that will be returning to Montana. Need to have transition services for them. Need programs developed for them.

#### STRATEGIC PLANNING:

Janice. The Great Falls Tribune had an article last Saturday. Representative Ehli is concerned amount to get stabilized is more than have. Malta is doing a pursh to get people at the right level. Transitioning is not being watched.

Bobbie: If know someone if want to get out of nursing home IL Centers can help.

Janice: Wants to get people more in the recovery mode.

MISCELLANEOUS:

Bobbie: There is a lady in Lewistown who wants to get on the board. Went over Section 6.2 of the bylaws. Bylaws are on the website.

Janice: Will call Kim Justice. Have to keep working on replacing ourselves.

Meeting was adjourned by Janice at 11:58 a.m.

Respectfully submitted,

Colleen Forrester

ESAA Secretary

The ESAA website address is: <http://esaamontana.org>